

# Allergen Information | Pizzas



Pizza	Vegetarian	Vegans	Ingredients	Allergen - Contains	Allergen - May Contain
American Hot	No	No	Pepperoni and jalapeno peppers	Gluten, Wheat, Sulphites, Milk	Soya
All the Meats	No	No	Ham, pepperoni, sausage, bacon, spicy beef	Gluten, Wheat, Milk, Mustard	Soya
Cheese and Tomato Pizza	Yes	No	Cheese and tomato	Gluten, Wheat, Milk	Soya
Chicken BBQ	No	No	Chargrilled chicken, barbeque sauce, bacon, onions	Gluten, Wheat, Milk, Mustard	Soya, Egg, Celery, Sulphites
Chicken Club	No	No	chargrilled chicken, bacon, fresh tomatoes, onions	Gluten, Wheat, Milk	Soya, Egg, Celery, Mustard, Sulphites
Garden Party	Yes	No	Red onions, green peppers, fresh tomatoes, sweetcorn, baby Portobello mushrooms	Gluten, Wheat, Milk	Soya, Celery
Hot Pepper Passion	Yes	No	Red peppers, green chilli peppers, jalapeno peppers, onions, green peppers	Gluten, Wheat, Milk, Sulphites	Soya, Celery
Mexican	No	No	Jalapeno peppers, red peppers, spicy beef, onions, chilli powder	Gluten, Wheat, Milk, Sulphites	Soya, Celery
Papa's Double Pepperoni	No	No	Double pepperoni, extra cheese	Gluten, Wheat, Milk	Soya
Premium Hawaiian	No	No	Fresh pineapple, pulled ham hock	Gluten, Wheat, Milk	Soya
Sausage & Pepperoni - The Papa's Favourite	No	No	Italian style six-cheese blend, Pepperoni, Sausage, Italian style seasoning	Gluten, Wheat, Milk, Mustard	Soya
The Greek	Yes	No	Feta cheese, red onion, fresh tomatoes, black olives, sliced pepperoncini, oregano sprinkle	Gluten, Wheat, Milk, Sulphites	Soya, Celery
The Works	No	No	Pepperoni, Italian style sausage, ham, baby Portobello mushrooms, green peppers, onions, black olives	Gluten, Wheat, Milk, Mustard	Soya, Celery

# Nutritional Information | Pizzas



## American Hot

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	224	941	9	26.7	2.8	8.7	3.2	1.7	0.63	1.59	153	640	6.1	18.1	1.9	5.9	2.2	1.1	0.43	1.08
Authentic Thin Crust - Large	223	937	9.1	26.4	2.8	8.7	3.2	1.7	0.64	1.59	152	637	6.2	18	1.9	5.9	2.2	1.1	0.43	1.08
Authentic Thin Crust - XXL	225	943	9.1	27.2	2.8	8.5	3.1	1.7	0.63	1.58	184	773	7.5	22.3	2.3	6.9	2.6	1.4	0.52	1.3
Original Base - Small	231	971	9.4	28.7	2.8	8.4	3.1	1.7	0.6	1.5	194	816	7.9	24.1	2.4	7	2.6	1.5	0.5	1.26
Original Crust - Medium	235	985	9.6	28.7	2.8	8.7	3.3	1.7	0.59	1.48	195	818	8	23.8	2.3	7.2	2.7	1.4	0.49	1.23
Original Crust - Large	232	975	9.5	28.6	2.8	8.5	3.2	1.7	0.6	1.5	216	907	8.8	26.6	2.6	7.9	3	1.6	0.56	1.39
Original Crust - XXL	233	980	9.4	29.9	2.9	8.1	2.9	1.8	0.59	1.47	243	1019	9.7	31.1	3	8.4	3.1	1.9	0.61	1.53
Stuffed Crust - Medium	246	1030	11.2	25	2.4	10.9	4.7	1.5	0.61	1.52	242	1013	11	24.6	2.4	10.7	4.7	1.4	0.6	1.5
Stuffed Crust - Large	242	1015	10.8	25.5	2.5	10.4	4.4	1.5	0.61	1.53	257	1076	11.4	27	2.6	11.1	4.7	1.6	0.65	1.62
Stuffed Crust - XXL	242	1013	10.5	27.1	2.6	9.8	4	1.6	0.6	1.51	284	1191	12.3	31.9	3.1	11.5	4.7	1.9	0.71	1.77
Deep Crust - Medium	236	990	9.8	29.6	3.4	8.2	3.2	1.8	0.55	1.39	255	1069	10.6	32	3.7	8.9	3.5	2	0.6	1.5

## All The Meats

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	279	1167	13.6	27.8	2.7	12.2	4.7	1.6	0.6	1.6	202	845	9.9	20.1	2	8.8	3.4	1.2	0.5	1.2
Authentic Thin Crust - Large	279	1171	13.8	27.3	2.7	12.5	4.8	1.6	0.6	1.6	237	991	11.7	23.1	2.3	10.6	4.1	1.4	0.5	1.4
Authentic Thin Crust - XXL	282	1180	13.8	27.9	2.7	12.4	4.8	1.6	0.6	1.6	266	1115	13.1	26.4	2.5	11.7	4.5	1.5	0.6	1.5
Original Base - Small	268	1124	12.3	30.3	3	10.4	4	1.8	0.6	1.5	220	922	10.1	24.9	2.4	8.5	3.3	1.4	0.5	1.2
Original Base - Medium	271	1135	12.7	29.7	2.8	10.8	4.2	1.7	0.6	1.4	243	1019	11.4	26.7	2.5	9.7	3.8	1.5	0.5	1.3
Original Base - Large	270	1131	12.8	29.2	2.9	10.9	4.2	1.7	0.6	1.6	272	1143	12.9	29.5	2.9	11	4.2	1.7	0.6	1.6
Original Base - XXL	271	1139	12.7	30.5	3	10.6	4	1.8	0.6	1.6	312	1309	14.6	35	3.4	12.2	4.6	2	0.7	1.8
Stuffed Crust - Medium	281	1176	14	26.2	2.4	13	5.6	1.5	0.6	1.5	295	1236	14.8	27.5	2.5	13.7	5.9	1.6	0.6	1.6
Stuffed Crust - Large	279	1167	13.8	26.4	2.5	12.7	5.4	1.5	0.6	1.6	320	1342	15.9	30.3	2.9	14.7	6.2	1.7	0.7	1.9
Stuffed Crust - XXL	279	1168	13.5	27.9	2.7	12.2	5	1.6	0.6	1.6	356	1493	17.3	35.7	3.4	15.6	6.3	2	0.8	2.1
Deep Crust - Medium	295	1240	12.9	32.1	3.7	12.4	4.2	1.9	0.58	1.44	346	1451	15.1	37.5	4.3	14.5	5	2.3	0.68	1.69

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## Cheese & Tomato

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	266	1117	11.4	33	3.3	9.4	4	2	0.5	1.3	160	671	6.8	19.8	2	5.6	2.4	1.2	0.3	0.8
Authentic Thin Crust - Large	253	1061	10.7	31.9	3.2	8.7	3.6	1.9	0.5	1.3	172	722	7.3	21.7	2.2	5.9	2.5	1.3	0.3	0.9
Authentic Thin Crust - XXL	267	1120	11.1	34.5	3.4	8.9	3.6	2.1	0.5	1.3	200	839	8.3	25.8	2.5	6.6	2.7	1.5	0.4	1
Original Base - Small	265	1112	11.4	32.8	3.1	9.3	4.1	1.9	0.5	1.3	200	842	8.6	24.9	2.4	7.1	3.1	1.4	0.4	1
Original Base - Medium	267	1122	11.7	32.4	3	9.7	4.3	1.9	0.5	1.3	210	884	9	26.6	2.5	7.2	3.1	1.5	0.4	1
Original Base - Large	262	1102	11	33.9	3.2	8.7	3.6	2	0.5	1.3	226	951	9.5	29.3	2.8	7.5	3.1	1.7	0.4	1.1
Original Base - XXL	266	1117	11.2	34.6	3.3	8.7	3.6	2	0.5	1.3	268	1125	11.2	34.8	3.3	8.8	3.6	2	0.5	1.3
Stuffed Crust - Medium	277	1162	13	28.9	2.7	11.8	5.5	1.6	0.5	1.4	262	1100	12.3	27.4	2.5	11.1	5.2	1.6	0.5	1.3
Stuffed Crust - Large	266	1117	11.2	34.6	3.3	8.7	3.6	2	0.5	1.3	268	1125	11.2	34.8	3.3	8.8	3.6	2	0.5	1.3
Stuffed Crust - XXL	273	1147	12.1	32	3	10.3	4.5	1.8	0.5	1.3	302	1266	13.3	35.3	3.3	11.4	4.9	2	0.6	1.5
Deep Crust - Medium	278	1168	11.2	33.5	3.8	10.5	3.8	2	0.49	1.22	295	1241	11.9	35.6	4	11.2	4.1	2.2	0.52	1.3

## Chicken BBQ

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	236	993	11.6	29.3	5.1	7.7	3	1.7	0.5	1.4	178	750	8.8	22.1	3.8	5.8	2.3	1.3	0.4	1.1
Authentic Thin Crust - Large	248	1043	12	30.8	5.4	8.1	3.2	1.8	0.6	1.5	205	861	10	25.4	4.5	6.7	2.7	1.5	0.5	1.2
Authentic Thin Crust - XXL	252	1057	12	31.6	5.4	8.1	3.2	1.8	0.6	1.4	230	966	11	28.9	5	7.4	2.9	1.7	0.5	1.4
Original Base - Small	224	941	10.5	28.4	4.4	7.2	2.9	1.6	0.5	1.2	213	894	10	26.9	4.1	6.8	2.7	1.6	0.5	1.2
Original Crust - Medium	250	1051	11.9	31.2	4.7	8.2	3.3	1.8	0.5	1.4	230	967	11	28.7	4.3	7.5	3.1	1.7	0.5	1.3
Original Crust - Large	249	1045	11.7	31.4	4.8	8	3.2	1.8	0.5	1.4	253	1062	11.9	31.9	4.9	8.2	3.3	1.8	0.6	1.4
Original Crust - XXL	251	1057	11.6	32.8	4.9	7.8	3	1.9	0.5	1.4	288	1210	13.2	37.6	5.6	8.9	3.5	2.1	0.6	1.6
Stuffed Crust - Medium	262	1098	13.2	28	4.1	10.4	4.6	1.6	0.6	1.5	275	1152	13.8	29.4	4.3	10.9	4.8	1.7	0.6	1.6
Stuffed Crust - Large	231	971	11.7	25.8	3.9	8.7	4	1.5	0.5	1.3	267	1119	13.5	29.7	4.5	10	4.6	1.7	0.6	1.5
Stuffed Crust - XXL	259	1089	12.4	30.6	4.5	9.3	3.9	1.7	0.6	1.4	324	1359	15.5	38.2	5.6	11.6	4.8	2.2	0.7	1.8
Deep Crust - Medium	264	1110	11.5	32.3	5	9.4	3.2	2	0.52	1.31	306	1287	13.3	37.5	5.8	10.9	3.7	2.3	0.61	1.52

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## Chicken Club Pizza

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	222	931	11.4	26.2	3.1	7.5	2.9	1.8	0.5	1.3	164	689	8.4	19.4	2.3	5.6	2.2	1.3	0.4	1
Authentic Thin Crust - Large	223	938	11.3	26.4	3.1	7.6	3	1.8	0.5	1.3	188	789	9.5	22.2	2.6	6.4	2.5	1.5	0.4	1.1
Authentic Thin Crust - XXL	227	956	11.4	27.3	3.2	7.7	3	1.8	0.5	1.3	211	885	10.5	25.3	2.9	7.1	2.8	1.7	0.5	1.2
Original Base - Small	235	989	11.3	29.7	3.3	7.5	2.9	1.9	0.5	1.3	199	836	9.6	25.1	2.8	6.3	2.4	1.6	0.4	1.1
Original Base - Medium	236	992	11.5	29.4	3.2	7.6	3	1.9	0.5	1.3	216	907	10.5	26.9	3	7	2.7	1.7	0.5	1.2
Original Base - Large	235	988	11.3	29.5	3.3	7.5	2.9	1.9	0.5	1.3	236	994	11.4	29.7	3.3	7.6	2.9	1.9	0.5	1.3
Original Base - XXL	239	1005	11.2	31.1	3.3	7.3	2.7	2	0.5	1.3	271	1138	12.7	35.2	3.8	8.3	3.1	2.2	0.6	1.4
Stuffed Crust - Medium	251	1053	13	25.9	2.8	10.2	4.5	1.6	0.5	1.4	268	1124	13.8	27.7	3	10.9	4.9	1.7	0.6	1.5
Stuffed Crust - Large	248	1041	12.6	26.6	2.9	9.8	4.2	1.7	0.5	1.4	284	1191	14.4	30.4	3.3	11.2	4.8	1.9	0.6	1.6
Stuffed Crust - XXL	250	1048	12.3	28.4	3	9.2	3.9	1.8	0.5	1.3	315	1323	15.5	35.9	3.8	11.7	4.9	2.2	0.7	1.7
Deep Crust - Medium	254	1069	11.3	30.4	3.8	9.2	3.1	2	0.49	1.23	301	1266	13.4	36	4.5	11	3.7	2.4	0.58	1.45

## Garden Party

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	203	855	8.2	28	3.6	6.1	2.3	1.9	0.4	1	145	609	5.8	20	2.5	4.3	1.6	1.4	0.3	0.7
Authentic Thin Crust - Large	212	891	8.6	28.9	3.7	6.4	2.4	2	0.4	1	177	746	7.2	24.2	3.1	5.4	2	1.7	0.3	0.9
Authentic Thin Crust - XXL	215	903	8.7	29.5	3.7	6.4	2.4	2	0.4	1	199	837	8.1	27.4	3.4	6	2.2	1.9	0.4	1
Original Base - Small	243	1020	9.9	33.3	3.7	7.3	2.8	2.1	0.5	1.2	193	812	7.8	26.5	2.9	5.8	2.2	1.7	0.4	0.9
Original Crust - Medium	224	940	9.2	30.5	3.5	6.8	2.6	2	0.4	1.1	202	851	8.3	27.6	3.2	6.1	2.4	1.8	0.4	1
Original Crust - Large	220	924	9	30.1	3.5	6.6	2.5	2	0.4	1	223	936	9.1	30.6	3.6	6.7	2.6	2	0.4	1.1
Original Crust - XXL	223	936	8.9	31.3	3.6	6.4	2.3	2	0.4	1	257	1080	10.3	36.1	4.1	7.4	2.7	2.3	0.5	1.2
Stuffed Crust - Medium	241	1009	11	26.8	3	9.5	4.3	1.7	0.5	1.2	254	1067	11.6	28.4	3.2	10.1	4.5	1.8	0.5	1.3
Stuffed Crust - Large	234	984	10.5	27.2	3.1	8.9	3.9	1.8	0.5	1.2	270	1131	12.1	31.2	3.6	10.3	4.5	2	0.5	1.3
Stuffed Crust - XXL	235	986	10.2	28.7	3.3	8.4	3.5	1.8	0.4	1.1	301	1262	13.1	36.7	4.2	10.7	4.5	2.4	0.6	1.5
Deep Crust - Medium	247	1039	9.6	31.5	4	8.7	2.9	2.1	0.42	1.06	287	1207	11.2	36.6	4.6	10.1	3.4	2.4	0.49	1.23

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## Hot Pepper Passion

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	214	899	8.6	29.2	3.5	6.5	2.4	2	0.5	1.3	141	593	5.7	19.3	2.3	4.3	1.6	1.3	0.3	0.8
Authentic Thin Crust - Large	223	938	9	30.2	3.6	6.9	2.6	2.1	0.5	1.3	171	719	6.9	23.2	2.8	5.3	2	1.6	0.4	1
Authentic Thin Crust - XXL	226	950	9.1	30.8	3.7	6.9	2.6	2.1	0.5	1.3	192	808	7.7	26.2	3.1	5.8	2.2	1.8	0.4	1.1
Original Base - Small	250	1051	10.1	34.1	3.6	7.6	2.9	2.2	0.5	1.3	191	802	7.7	26.1	2.8	5.8	2.2	1.6	0.4	1
Original Base - Medium	233	979	9.5	31.5	3.5	7.2	2.8	2	0.5	1.3	198	832	8.1	26.8	2.9	6.1	2.4	1.7	0.4	1.1
Original Base - Large	230	965	9.3	31.3	3.5	7	2.7	2	0.5	1.3	218	917	8.9	29.7	3.3	6.6	2.5	1.9	0.5	1.2
Original Base - XXL	234	986	9.6	31.8	3.5	7.2	2.8	2	0.5	1.3	257	1081	10.5	34.9	3.8	7.9	3.1	2.2	0.5	1.4
Stuffed Crust - Medium	249	1046	11.4	27.5	3	10	4.5	1.7	0.5	1.4	250	1050	11.4	27.6	3	10	4.5	1.7	0.5	1.4
Stuffed Crust - Large	241	1010	10.9	28.4	3.1	8.8	4	1.8	0.5	1.3	258	1083	11.7	30.4	3.3	9.5	4.3	1.9	0.6	1.4
Stuffed Crust - XXL	246	1032	10.8	29.1	3.1	9.1	3.9	1.8	0.5	1.3	302	1269	13.3	35.8	3.9	11.2	4.8	2.3	0.7	1.7
Deep Crust - Medium	253	1063	9.8	32	3.9	9	3	2.1	0.49	1.21	283	1190	11	35.9	4.4	10.1	3.3	2.4	0.54	1.36

## Mexican

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	222	932	9.5	27.6	3.6	7.7	3	2	0.6	1.5	159	666	6.8	19.7	2.6	5.5	2.2	1.4	0.4	1.1
Authentic Thin Crust - Large	236	991	10.3	28.5	3.4	8.6	3.5	2	0.6	1.5	173	725	7.5	20.8	2.5	6.3	2.6	1.5	0.4	1.1
Authentic Thin Crust - XXL	240	1009	10.4	29.4	3.4	8.6	3.5	2.1	0.6	1.5	200	841	8.7	24.5	2.9	7.1	2.9	1.7	0.5	1.2
Original Base - Small	213	896	9	27.3	3.2	7.1	2.8	1.8	0.5	1.3	177	743	7.5	22.7	2.6	5.9	2.3	1.5	0.4	1.1
Original Crust - Medium	238	1000	10.2	30.1	3.5	8.1	3.2	2	0.6	1.5	214	900	9.1	27.1	3.2	7.3	2.9	1.8	0.5	1.3
Original Crust - Large	237	996	10	30.2	3.5	8	3.1	2	0.6	1.5	237	994	10	30.2	3.5	8	3.1	2	0.6	1.5
Original Crust - XXL	243	1020	10.3	31.1	3.4	8.1	3.2	2	0.5	1.4	278	1168	11.8	35.6	3.9	9.3	3.7	2.3	0.6	1.6
Stuffed Crust - Medium	242	1014	10.1	29.8	3.5	8.7	3.3	2	0.6	1.5	220	923	9.1	27.1	3.2	7.9	3	1.8	0.5	1.4
Stuffed Crust - Large	250	1048	11.5	27.2	3.1	10.2	4.5	1.8	0.6	1.5	282	1184	12.9	30.7	3.5	11.5	5	2	0.7	1.7
Stuffed Crust - XXL	252	1055	11.2	29	3.2	9.6	4.1	1.9	0.6	1.5	312	1310	13.9	36	4	11.9	5	2.3	0.7	1.9
Deep Crust - Medium	257	1078	10.3	30.9	4	9.7	3.3	2.1	0.53	1.31	302	1268	12.1	36.3	4.7	11.4	3.9	2.5	0.62	1.54

# Nutritional Information | Pizzas



## Papa's Double Pepperoni

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	305	1275	12.9	28.6	2.8	15	5.9	1.7	0.6	1.5	213	893	9	20	2	10.5	4.1	1.2	0.4	1.1
Authentic Thin Crust - Large	300	1256	12.6	29.3	2.9	14.3	5.5	1.8	0.6	1.5	234	981	9.9	22.9	2.3	11.2	4.3	1.4	0.5	1.2
Authentic Thin Crust - XXL	300	1256	12.5	30.5	3	13.8	5.3	1.8	0.6	1.5	256	1071	10.6	26	2.5	11.8	4.5	1.5	0.5	1.3
Original Base - Small	292	1225	12.5	29.4	2.8	13.5	5.4	1.7	0.6	1.4	249	1041	10.6	25	2.4	11.4	4.6	1.4	0.5	1.2
Original Base - Medium	293	1227	12.4	29.9	2.8	13.3	5.3	1.7	0.6	1.4	261	1095	11.1	26.7	2.5	11.9	4.7	1.5	0.5	1.3
Original Base - Large	289	1210	12.1	30.5	2.9	12.7	4.9	1.8	0.6	1.4	279	1167	11.7	29.4	2.8	12.3	4.8	1.7	0.5	1.4
Original Base - XXL	288	1208	11.8	32.3	3	12	4.5	1.9	0.5	1.4	311	1305	12.8	34.9	3.3	12.9	4.9	2	0.6	1.5
Stuffed Crust - Medium	300	1255	13.8	26.4	2.4	15.1	6.5	1.5	0.6	1.5	313	1308	14.4	27.5	2.5	15.8	6.8	1.6	0.6	1.6
Stuffed Crust - Large	309	1295	13.9	28.7	2.7	15.1	6.3	1.6	0.6	1.6	340	1424	15.3	31.5	2.9	16.6	7	1.8	0.7	1.7
Stuffed Crust - XXL	294	1232	12.9	29.4	2.7	13.5	5.5	1.7	0.6	1.5	355	1487	15.6	35.5	3.3	16.3	6.6	2	0.7	1.8
Deep Crust - Medium	272	1141	10.8	30.7	3.7	11.3	3.8	2	0.51	1.27	318	1335	12.6	35.9	4.3	13.3	4.4	2.3	0.59	1.48

## Premium Hawaiian

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	206	865	10.2	26.3	3.4	6.3	2.3	1.6	0.43	1.07	136	571	6.7	17.4	2.3	4.1	1.5	1.1	0.28	0.71
Authentic Thin Crust - Large	207	869	10.3	26.1	3.4	6.4	2.4	1.6	0.43	1.08	158	666	7.9	20	2.6	4.9	1.8	1.2	0.33	0.83
Authentic Thin Crust - XXL	209	880	10.4	26.6	3.4	6.4	2.4	1.6	0.43	1.08	179	753	8.9	22.8	2.9	5.5	2.1	1.4	0.37	0.92
Original Base - Small	219	919	10.4	28.3	3.3	6.6	2.5	1.7	0.43	1.08	175	735	8.4	22.7	2.7	5.3	2	1.4	0.35	0.87
Original Crust - Medium	220	925	10.4	28.4	3.3	6.8	2.6	1.7	0.43	1.08	187	786	8.9	24.1	2.8	5.8	2.2	1.4	0.37	0.92
Original Crust - Large	218	919	10.5	28.2	3.3	6.7	2.5	1.7	0.43	1.09	207	873	9.9	26.8	3.2	6.3	2.4	1.6	0.41	1.03
Original Crust - XXL	221	929	10.4	29.4	3.4	6.4	2.4	1.7	0.43	1.08	239	1006	11.3	31.8	3.7	7	2.6	1.9	0.47	1.17
Stuffed Crust - Medium	233	978	11.8	24.8	2.8	9.3	4.1	1.4	0.47	1.18	234	981	11.9	24.9	2.9	9.3	4.1	1.4	0.48	1.19
Stuffed Crust - Large	229	963	11.5	25.4	2.9	8.7	3.7	1.5	0.47	1.17	231	970	11.6	25.6	3	8.8	3.8	1.5	0.47	1.18
Stuffed Crust - XXL	230	964	11.3	27	3.1	8.1	3.4	1.6	0.46	1.15	275	1157	13.5	32.4	3.7	9.8	4	1.9	0.55	1.38
Deep Crust - Medium	235	990	10.3	28.9	3.7	8.3	2.8	1.8	0.43	1.06	265	1114	11.6	32.5	4.2	9.4	3.1	2	0.48	1.2

# Nutritional Information | Pizzas



## Sausage & Pepperoni - The Papa's Favourite

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	296	1239	15	23	2.2	15.8	6.5	1.4	0.6	1.6	245	1026	12.4	19.6	1.9	12.8	5.3	1.2	0.6	1.5
Authentic Thin Crust - Large	305	1276	15.4	24.3	2.3	16	6.6	1.4	0.7	1.9	296	1236	15	23.5	2.3	15.5	6.4	1.4	0.7	1.8
Authentic Thin Crust - XXL	306	1280	15.1	26.9	2.6	15	6.4	1.6	0.7	1.8	303	1267	14.9	26.6	2.6	14.8	6.3	1.6	0.7	1.7
Original Base - Small	302	1264	14	30.1	2.8	13.5	5.5	1.8	0.6	1.7	264	1106	12.3	26.3	2.5	11.8	4.8	1.5	0.6	1.4
Original Crust - Medium	296	1237	14.3	27	2.5	14.1	5.6	1.6	0.6	1.5	275	1151	13.3	25.1	2.3	13.2	5.2	1.5	0.6	1.4
Original Crust - Large	294	1233	14.4	26.5	2.5	14.3	5.7	1.5	0.6	1.5	295	1234	14.4	26.5	2.5	14.3	5.7	1.5	0.6	1.5
Original Crust - XXL	292	1226	13.9	29.1	2.7	13	5.4	1.7	0.6	1.6	355	1489	16.8	35.4	3.3	15.8	6.6	2	0.8	1.9
Stuffed Crust - Medium	299	1251	15.1	24.4	2.2	15.4	6.6	1.4	0.7	1.7	340	1421	17.1	27.8	2.5	17.5	7.5	1.6	0.8	2
Stuffed Crust - Large	297	1242	14.9	24.5	2.3	15.2	6.4	1.4	0.7	1.7	368	1541	18.5	30.4	2.8	18.8	8	1.7	0.8	2.1
Stuffed Crust - XXL	297	1245	14.6	26.8	2.5	14.3	6.2	1.5	0.6	1.6	399	1669	19.6	36	3.3	19.2	8.3	2.1	0.9	2.2
Deep Crust - Medium	302	1263	13.7	27.9	3.1	14.6	5.4	1.7	0.6	1.49	392	1642	17.8	36.3	4	19	7	2.2	0.78	1.94

## The Greek

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	208	875	8.4	26.7	3.4	7.1	2.9	1.9	0.5	1.1	154	648	6.2	19.8	2.5	5.3	2.2	1.4	0.3	0.8
Authentic Thin Crust - Large	211	888	8.6	26.8	3.4	7.3	3.1	1.9	0.5	1.2	179	751	7.3	22.6	2.9	6.2	2.6	1.6	0.4	1
Authentic Thin Crust - XXL	216	908	8.8	27.6	3.4	7.4	3.1	1.9	0.5	1.2	202	847	8.2	25.7	3.2	6.9	2.9	1.8	0.4	1.1
Original Base - Small	228	959	9.5	29.2	3.4	7.7	3.2	2	0.5	1.2	193	812	7.8	25.5	3	6.3	2.5	1.7	0.4	1
Original Crust - Medium	227	954	9.3	29.3	3.4	7.6	3.2	2	0.5	1.2	212	889	8.7	27.3	3.2	7.1	2.9	1.8	0.4	1.1
Original Crust - Large	227	953	9.3	29.4	3.4	7.6	3.1	2	0.5	1.2	233	980	9.5	30.2	3.5	7.8	3.2	2	0.5	1.2
Original Crust - XXL	231	972	9.3	30.8	3.5	7.4	3	2	0.5	1.2	268	1127	10.8	35.7	4	8.6	3.4	2.3	0.5	1.4
Stuffed Crust - Medium	243	1019	11.1	25.9	2.9	10.1	4.7	1.7	0.5	1.3	264	1107	12	28.2	3.2	11	5.1	1.8	0.5	1.4
Stuffed Crust - Large	241	1008	10.7	26.5	3	9.7	4.4	1.7	0.5	1.3	281	1177	12.5	31	3.5	11.4	5.1	2	0.6	1.5
Stuffed Crust - XXL	243	1018	10.5	28.3	3.1	9.3	4.1	1.8	0.5	1.3	312	1311	13.6	36.4	4	11.9	5.2	2.4	0.6	1.6
Deep Crust - Medium	247	1038	9.6	30.3	3.9	9.2	3.3	2.1	0.46	1.14	296	1245	11.6	36.4	4.7	11	3.9	2.5	0.55	1.37

# Nutritional Information | Pizzas



## The Works

Size & Crust	Values per 100g										Values per Slice									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Authentic Thin Crust - Medium	247	1033	11	26.4	2.9	10.4	3.8	1.8	0.5	1.3	190	795	8.5	20.3	2.2	8	2.9	1.4	0.4	1
Authentic Thin Crust - Large	242	1015	10.5	26.9	3	9.8	3.3	1.9	0.5	1.3	208	873	9.1	23.2	2.5	8.5	2.8	1.6	0.4	1.1
Authentic Thin Crust - XXL	249	1044	11.2	26.4	2.8	10.5	3.9	1.8	0.5	1.3	251	1052	11.3	26.6	2.8	10.6	3.9	1.8	0.5	1.3
Original Base - Small	250	1048	10.9	29.4	2.9	9.4	3.5	1.9	0.5	1.3	212	891	9.2	25	2.5	8	3	1.6	0.4	1.1
Original Base - Medium	245	1030	10.8	28.4	2.8	9.4	3.5	1.8	0.5	1.3	232	975	10.2	26.9	2.7	8.9	3.3	1.7	0.5	1.2
Original Base - Large	243	1021	10.7	27.9	2.8	9.5	3.5	1.8	0.5	1.3	260	1090	11.4	29.8	3	10.1	3.7	2	0.5	1.4
Original Base - XXL	245	1030	10.6	29.1	2.9	9.2	3.3	1.9	0.5	1.3	298	1249	12.9	35.3	3.5	11.1	4	2.3	0.6	1.6
Stuffed Crust - Medium	259	1084	12.3	25.2	2.5	11.7	5	1.6	0.5	1.4	284	1191	13.5	27.7	2.7	12.9	5.5	1.8	0.6	1.5
Stuffed Crust - Large	267	1117	12.5	26.5	2.6	11.9	4.9	1.7	0.6	1.4	322	1347	15.1	31.9	3.2	14.3	5.9	2.1	0.7	1.7
Stuffed Crust - XXL	255	1068	11.7	26.8	2.6	10.8	4.3	1.7	0.5	1.4	342	1431	15.6	35.9	3.5	14.5	5.7	2.3	0.7	1.8
Deep Crust - Medium	265	1113	11.5	27.8	3.2	11.6	4.4	1.8	0.51	1.26	348	1458	15.1	36.4	4.2	15.2	5.7	2.4	0.66	1.65



# Nutritional Information | Sides



## Sides

Side	Values per 100g										Values per Portion									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Bacon Cheese Sticks	335	1402	12.4	33.3	2.8	16.5	4.5	1.9	0.8	1.9	118	494	4.4	11.7	1	5.8	1.6	0.7	0.3	0.7
BBQ Wings	237	991	20.4	9.2	7.3	12.9	2.4	0.5	0.3	0.7	712	2974	61.3	27.7	22	38.7	7.2	1.4	0.8	2
Buffalo Wings	212	882	20.5	1.7	0.9	13.4	2.4	0.5	0.8	2.1	635	2647	61.5	5	2.8	40.2	7.2	1.5	2.4	6.2
Chicken Poppers	220	927	17	16.6	0.6	9.5	1.6	0.5	0.7	1.8	436	1835	33.7	32.9	1.2	18.8	3.2	1	1.4	3.6
Corn on the Cob	65	272	2.1	10.1	1.2	1.1	0.1	3.1	0	0	143	598	4.6	22.2	2.6	2.4	0.2	6.8	0	0
Garlic Pizza Sticks	336	1407	8.4	42.5	3.7	14.1	1.7	2.5	0.7	1.7	181	760	4.5	22.9	2	7.6	0.9	1.3	0.4	0.9
Garlic Cheese Sticks	333	1394	11.2	34.3	2.9	16.3	4.6	2	0.7	1.7	229	958	7.7	23.6	2	11.2	3.1	1.3	0.5	1.2
Garlic Knots	279	1174	8.5	42.7	3.7	7.7	0.8	2.4	0.4	1	100	423	3.1	15.4	1.3	2.8	0.3	0.9	0.14	0.36
Jalapeno bites	309	1293	5	25.5	4.8	21.1	7.3	1.3	0.61	1.54	516	2151	8.4	40.4	8	35.2	11.9	2.2	1	2.6
Pepperoncini	27	110	1	5	0	0	0	1	1.3	3.3	3	14	0.1	0.6	0	0	0	0.1	0.2	0.4
Piri Piri Poppers	232	979	16	21.1	4.8	9.2	1.5	1.2	0.78	1.94	460	1938	31.6	41.8	9.4	18.1	3	2.4	1.54	3.84
Potato Wedges	158	661	2.5	27.8	0.6	4.6	0.6	2.5	0.22	0.54	420	1763	6.3	69.5	1.5	11.5	1.5	6.3	0.6	1.4
Plain Chicken Wings	250	1041	25.4	0.1	0	16.1	3	0.5	0.2	0.4	600	2498	61	0.2	0	38.6	7.2	1.2	0.4	1

# Nutritional Information | Desserts



## Desserts

Dessert	Values per 100g										Values per Portion									
	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT	ENERGY	ENERGY	PROTEIN	CARBOHYDRATE	SUGARS	FAT	SATURATES	FIBRE	SODIUM	SALT
	kcal	kJ	g	g	g	g	g	g	g	g	kcal	kJ	g	g	g	g	g	g	g	g
Chocolate Chip Cookie	394	1656	3.6	57.1	40.7	16.9	5.7	0	0.24	0.59	160	671	1.5	23.1	16.5	6.8	2.3	0	0.1	0.2
Double Chocolate Brownie	397	1660	3.4	51.5	36.9	19.7	2.3	0.7	0.13	0.33	397	1662	3.4	51.6	36.9	19.7	2.3	0.7	0.13	0.33
Cinnamon Pull Aparts	399	1669	4.8	46.7	20.1	21.6	0.3	1.7	0.33	0.83	583	2436	7.1	68.1	29.3	31.5	0.4	2.5	0.48	1.21

# Allergen Information | Sides



## Sides

Side	Vegetarian	Vegans	Allergen - Contains	Allergen - May Contain
Bacon Cheese Sticks	No	No	Gluten, Wheat, Milk	Soya, Egg, Celery, Mustard, Sulphites
BBQ Chicken Wings	No	No	Gluten, Wheat, Celery, Mustard	Soya, Egg
Chicken Poppers	No	No	Gluten, Wheat, Soya, Egg, Celery, Milk	
Corn on the Cob	Yes	Yes		
Garlic Bread Sticks	Yes	No	Gluten, Wheat, Milk	Soya, Egg, Celery, Mustard, Sulphites
Garlic Cheese Sticks	Yes	No	Gluten, Wheat, Milk	Soya, Egg, Celery, Mustard, Sulphites
Garlic Knots	Yes	No	Gluten, Wheat, Soya, Milk	
Hot Buffalo Wings	No	No	Gluten, Wheat, Celery	Soya, Egg, Mustard, Sulphites, Milk
Hot Piri Piri Chicken Poppers	No	No	Gluten, Wheat, Soya, Egg, Celery, Sulphites, Milk	
Jalapeno Bites	Yes	No	Gluten, Wheat, Soya, Mustard, Milk	Egg, Celery, Sulphites
Plain Roasted Chicken Wings	No	No	Gluten, Wheat, Celery	Egg
Potato Wedges	Yes	Yes	Gluten	

## Dips

Dip	Vegetarian	Vegans	Allergen - Contains	Allergen - May Contain
Barbeque Sauce Dip Pot	Yes	No	Mustard	Gluten, Wheat, Soya, Egg, Celery, Sulphur, Milk
Hot Buffalo Sauce Dip Pot	Yes	No		Gluten, Wheat, Soya, Egg, Celery, Mustard, Sulphur, Milk
Garlic & Herb Sauce Dip Pot	Yes	No	Egg, Celery	Gluten, Wheat, Soya, Celery, Sulphur, Milk
Honey and Mustard Dip Pot	Yes	No	Gluten, Wheat, Mustard	Soya, Egg, Celery, Sulphur, Milk
Sour cream and chive Dip Pot	Yes	No	Egg, Mustard, Milk	Gluten, Wheat, Soya, Celery, Sulphur
Special Garlic Dip Pot	Yes	No	Soya	Gluten, Wheat, Egg, Celery, Mustard, Sulphur, Milk
Sweet chilli Dip Pot	Yes	No		Gluten, Wheat, Soya, Egg, Celery, Mustard, Sulphur, Milk


# Allergen Information | Desserts



## Desserts

Dessert	Vegetarian	Vegans	Allergen - Contains	Allergen - May Contain
Ben and Jerrys - Chocolate Fudge Brownie	Yes	No	Gluten, Wheat, Egg, Milk	Peanuts, Nuts
Ben and Jerrys - Phish Food	Yes	No	Soya, Egg, Milk	Peanuts, Nuts
Ben and Jerrys – Caramel Chew Chew	Yes	No	Soya, Egg, Milk	Gluten
Ben and Jerrys - Cookie Dough	Yes	No	Gluten, Wheat, Soya, Egg, Milk	Peanuts, Nuts
Choc Chip Cookie	Yes	No	Gluten, Wheat, Soya, Egg	Peanuts, Nuts, Milk
Double Chocolate Brownie	Yes	No	Gluten, Wheat, Soya, Egg, Milk	
Cinnamon Pull Aparts	Yes	No	Gluten, Wheat, Egg	Peanuts, Nuts, Milk

# Allergen Information | Ingredients

	Contains Gluten	Contains Wheat	Contains Soya	Contains Egg	Contains Peanut	Contains Nuts	Contains celery	Contains mustard	Contains Sulphur	Contains Milk	Contains Fish	Contains Molluscs	Contains Crustaceans	Contains Sesame Seed	Contains Lupin	Suitable for vegetarians?	Suitable for vegans?
<b>Ingredients</b>																	
Anchovy fillets											Y					N	N
Bacon																N	N
BBQ Sauce	C	C	C	C			C	Y	C	C						Y	N
Black olives																Y	Y
Buffalo Sauce	C	C	C	C			C	C	C	C						Y	N
Butter Flavoured Oil																Y	N
Cheese										Y						Y	N
Cheese - Reduced Fat*										Y						Y	N
2 Cheese mix										Y						Y	N
3 Cheese mix										Y						Y	N
Chargrilled Chicken	C	Y	Y	C	C		C	Y	C	C						N	N
Chilli Powder																Y	N
Dustinator	Y	Y	C													Y	N
Dough	Y	Y	C													Y	Y
Feta Cheese	C	C	C	C						Y						Y	N
Garlic bread spread	C	C	C	C			C	C	C	Y						Y	N
Ham		Y														N	N
Icing Drizzle																Y	N
Italian sausage	Y	Y						Y								N	N
Italian Seasoning	Y	Y								Y						N	N
Jalapenos									Y							Y	Y
Deep Crust Dough (Cooked with Butter Oil)	Y	Y	C							Y						Y	N
Deep Crust Pizza Sauce																Y	Y
Pepperoni		Y														N	N
Pineapple - Fresh																Y	Y
Pizza Sauce																Y	Y
Piri Piri Seasoning	Y	Y							Y							N	N
Pork sausage								Y								N	N
Pulled Ham Hock																N	N
Sliced Pepperoncinini									Y							Y	Y
Spicy beef	Y	Y								Y						N	N
String Cheese										Y						Y	N
Sweetcorn																Y	Y
Tuna											Y					N	N
Veg (Tomatoes, red & green peppers/ mushrooms/ red & white onions/ chillies)							C									Y	Y

Y = Contains  
C = May Contain

\*Lower fat cheese consists of 1/3 less fat compared to our normal cheese.